

**Keysis Schedule**  
**2/27/08**  
**Eucharist**

**Review—Sacraments of Initiation.**  
**Review—Gifts of the Holy Spirit.**

## **SACRAMENTS 6- THE EUCHARIST**

**From the Catechism of the Catholic Church, The Catholic Faith Handbook for Youth,  
Generations of Faith, and the Holy Bible**

Eucharist: From the Greek word *Eucharisten* which recalls the Jewish blessing that proclaims—  
especially during a meal—God’s works of creation, redemption, and sanctification

### **The Sun Flower**

#### **I. The Eucharist: The Sacrament of Sacraments (The Sun Flower)**

- a. Completes Christian Initiation and allows us to participate in the Lord’s own sacrifice.
- b. Source and Summit (high point) of the Christian life- the sacraments and all ministries come from and point toward it.
- c. It is the culmination of God’s salvation of the world and our worship of God
- d. Foretaste of Heaven - we are united to the heavenly worship.
- e. Sum and summary of our faith

#### **II. The Foreshadowing**

- a. Jesus use of bread & wine is no coincidence
  - a. Gen.14:18—Melchizedek, a king-priest;
    - i. Prefigures the Church’s own offering
    - ii. In the old covenant, bread & wine were offered as a sign of grateful acknowledgement to the Creator
    - iii. Not the most usual of offerings
  - b. Gen 17:9-11—First blood offering in a covenant
    - i. This is the life-giving part of the body.
  - c. Ex 16:4-5—Manna in the desert
    - i. The unleavened bread Israel eats every year at Passover is a remembrance of Manna in the desert.
    - ii. Thousands of lamb slaughtered in remission of sins.
    - iii. Cup of blessing at the end of the meal—just like the wedding at Cana—Jesus is the new wine
- d. LK 22:7-20
- e. Jn 6—miracle of multiplication prefigures the superabundance of this unique bread of his Eucharist.

### III. Three understandings of the Eucharist (all three contained in Last Supper)

1. The Eucharist is a meal- Miracle of the Loaves and Fishes
  - i. It literally nourishes our spirit and strengthens us to live as Disciples
2. The Eucharist is a sacrifice- Passover lamb **CCC 1364-1365**
  - ii. We remember and thank God for Jesus' sacrifice "Do this in memory of me."
  - iii. We also unite our struggles and our will to Jesus' sacrifice
  - iv. This makes the Resurrection our Victory too (all through Christ Jesus)
3. The Eucharist is the Real Presence of Jesus Christ- Road to Emmaus **CCC 1373-1375 LK 24:13-16, 27-31**
  - v. Christ is present in four ways in the Eucharist
    1. Priest
    2. Scriptures
    3. People gathered
    4. ESPECIALLY in the Body and Blood of Christ

### IV. Properly receiving the Eucharist

1 Cor 11:27 *"whoever eats the bread or drinks the cup of the Lord unworthily sins against the body and blood of the Lord."*

- a. The Church sets out specific guidelines
  - i. You must be in a state of grace- Free of mortal sin (can include not attending Mass)
  - ii. Have made a good confession since your last mortal sin (solves the first guideline!)
  - iii. Believe in transubstantiation **1 Cor 11:29**  
*According to transubstantiation, the bread and wine are actually transformed into the actual body, blood, soul, and divinity of Christ, with only the appearances of bread and wine remaining. This is why, at the Last Supper, Jesus held what appeared to be bread and wine, yet said: "This is my body. . . . This is my blood" (Mark 14:22-24, cf. Luke 22:14-20).*
  - iv. Observe the Eucharistic fast  
abstain from any food or drink, (the exception is water and medicine), for at least the period of one hour before Holy Communion. Elderly people, those who are ill, and their caretakers are excused from the Eucharistic fast. Priests and deacons may not dispense one obligated by the Eucharistic fast unless the bishop has expressly granted such power to them.
  - v. Not be under an ecclesiastical censure such as excommunication

Some of the guidelines (including non-Catholics abstaining from receiving Communion) can be dispensed under certain grave reasons, like danger of death.

Faith: Jn 6:66

Why can't we see the body and blood? Because it would gross us out.

### Announcements

- V. A big thank you to those who helped at Habitat for Humanity and Lent with the Lamb this weekend.
- VI. If you haven't turned in your paperwork and you are going to Abbey Fest, you need to see me after Keysis. I need a final count.
- VII. This Saturday, the dioevent is a Foodfast as St. Charles in Nederland. It's from 2-10 p.m. We will be leaving St. Francis at 1:15 p.m. This is a mini-retreat to focus on world hunger and other social issues. We will be skipping dinner and you need to bring an empty galloon jug (i.e. milk) for the event.
- VIII. Prom dresses. Did anyone bring any? Can you still bring one?
- IX. No Java Monday night. We are having a fundraiser at Case Ole Monday night. Bring this flier and we get 15% of the bill.
- X. Good Friday Walk