

PreKeysis Schedule
2/27/08
Sacrament of Healing

5:15 Sign-In

5:20 Music

Review Eucharist

1. How is the Eucharist a sacrament? What is the sign? What grace does it impart?
2. What are the other sacraments of initiation?

Vocabulary

Sacraments of Healing: anointing of the sick and reconciliation.

Concupiscence: the inclination to sin that is a result of original sin.

Reconciliation: the sacrament through which we receive forgiveness of sins we have committed after Baptism by the sincere confessing of our sins to a priest to whom the power to forgive sins has been given.

Anointing of the Sick: confers the grace of strengthening our faith and trust in God's.

Seal of confession: the priests are bound to keep absolute secrecy regarding all sins confessed to them.

Conversion: the turning of our hearts back to God's love.

In your opinion, what are the greatest examples of suffering in the world?

How does the Church respond to the many forms of suffering in the world?

Sacraments of Healing

- Suffering can be physical, emotional, or spiritual and hurts us deeply.
- It is often during a time of suffering that we turn to God.
- The Church continues Jesus' ministry of reaching out to people who suffer by the Sacraments of Healing.

Anointing of the Sick

- Confers the grace of strengthening our faith and trust in God.
- We receive the grace to race our sickness, weakness, or dying with courage and hope
- Celebrating the Sacrament
 - Given to all ages who are seriously ill or weak.
 - Only bishops or priests can administer the sacrament
 - Ritual celebration
 - Invocation of the Holy Spirit by the silent laying on of hands
 - The prayers of intercession

- The anointing on the forehead and hands of the sick person with blessed oil of the sick.
 - Can be received each time a Christian falls seriously ill.
 - It can be celebrated more than once during the same illness if that illness worsens.
- Effects, or Graces of the Sacrament
 - Peace and courage to strengthen individuals
 - Healing for the soul and sometimes healing for the body
 - Forgiveness of sins if the sick person is unable to go to reconciliation.
 - Unites the sick person more closely to Christ's passion. This person's suffering becomes a participation in Jesus' saving work.
 - If death is imminent, it prepares the person for the final journey into eternal life
- Sometimes when we become ill, we realize more deeply the importance our faith and our friendship. Celebrating Anointing of the Sick strengthens that faith and helps us realize that God is present with us.

Sacrament of Penance

- We all suffer from **concupiscence**-the inclination to sin.
- When we give in to the inclination to sin, the HS calls us back to friendship with God. This turning of our hearts back to God's love is called **conversion**.
- Jesus gave his Church the authority to forgive sins-**Jn 20:21-23**.
- **Reconciliation**—the sacrament through which we receive forgiveness of sins we have committed after Baptism.

Four Essential Elements

1. Contrition: true sorrow for sins arising from our faith in God and love for him.
 - a. Perfect: sorrow from hurting God
 - b. Imperfect: fear of punishment
2. Confession: stating our sins to a bishop or priest.
 - a. We must confess all mortal sins
 - b. Seal of confession**
3. Satisfaction: Making up for our sins
 - a. When a driver breaks a window with a baseball, apologizes but must pay for repairs.
 - b. Accept and perform the penance the priest assigns.**
4. Absolution: forgiving, or freeing, us from our sins. The priest speaks as the person of Jesus, forgiving us directly.

Effects or Graces, of Reconciliation

- Reconciliation restores us to the relationship of love with God that we entered into at Baptism.
- Restores us and heals any wounds we inflict on the Body of Christ.

- Takes away eternal punishment of mortal sin.
- Lessons temporary punishment
- Peace of mind
- Spiritual strength.

Forgiveness:

- It is hard to forgive because when we are hurt, we want to get even, to seek revenge and to hurt back
- Jesus commands us to forgive, just as he forgave on the cross.

Forgiveness is not:

- Saying it's ok that the other person hurt you
- Pretending it didn't hurt
- Forgetting about it
- Punishing the other person
- Being a victim.

Steps to healing and forgiveness

- Pray for help from the Holy Spirit
- Name the hurt or person who hurt you
- Feel the feelings
- Talk to the person who hurt you if possible. If not, talk to a friend or family member. This can help diminish the pain.
- Write a letter to the person expressing how you feel. Then rip it up.
- Let go. Make a decision to forgive. It is a choice
- Move on.

List the 10 Commandments