

Keysis Outline

2/10/10

6:15 Sign in/Mingle

6:30 Meal – seniors lead Flintstone grace

7:00 Scavenger hunt (20 min)

7:20 Catholic Jeopardy (25 min)

7:50 Onetimeblind Skit “Comfort”

7:55 Music Video – slow, meditative, sing along, transition into quiet

- **Hillsong – From the Inside Out**

8:00 Small groups (20-25 min)

- All in group say **prayer to the Holy Spirit** (we will provide prayer)
- Each discuss what **prayer means to them**; discuss giving yourself totally each day
- **Purpose of Lent:** (ask what they think is the purpose of Lent): make us aware of the Lord, and less focused on ourselves; bring our relationship closer with Christ; lead us to recognize the presence of God in all that is right before our eyes
- **Each discuss Lenten sacrifices**
 - Turn off iPod, computer, phone at a certain time
 - give up a negative attitude toward a particular person
 - read scripture readings for the day (bible, computer)
 - spend 2 minutes a day meditating on a picture of Jesus repeating “I love you Jesus, I trust in you”
 - attend Java on Monday nights
 - servant hood - recognize the face of Christ in those whom you serve
- **Letter writing to Jesus (spread out)**
 - Ask group “**what will be your Lenten sacrifice?**”
 - Use attached stationery
 - Letters to Jesus to be offered up
 - Place in envelopes

8:25 Announcements and prayer (5 min)

- Ash Wednesday Mass
- Youth 2000
- Abbeyfest
- Hospitality Center (Soup Kitchen)